

CONCORDIA TEXAS TORNADOS

MEN'S TRACK & FIELD // 2019 TOP PERFORMANCE LIST

100-METER DASH

Connor Trevino	HSU Relays	10.98
Connor Trevino	TLU D3 Challenge	11.18w
Connor Trevino	Trinity Invitational	11.23w
Connor Trevino	Bobcat Invitational	11.25
Connor Trevino	Texas Relays	11.26w

200-METER DASH

Gabriel Spivey	HSU Relays	21.99
Gabriel Spivey	ASC Championships	22.21
Gabriel Spivey	Trinity Open	22.37
Gabriel Spivey	ASC Championships	22.38
Gabriel Spivey	TLU D3 Challenge	22.78w

400-METER DASH

Gabriel Spivey	ASC Championships	48.13
Gabriel Spivey	ASC Championships	49.23
Gabriel Spivey	NCAA Championships	48.27
Gabriel Spivey	Trinity Invitational	49.90
Ravon Davis-Conway	TLU D3 Challenge	53.20

800-METERS

Samuel Stewart	Bobcat Invitational	2:01.25
Jiro Daniels	Bobcat Invitational	2:02.61
Samuel Stewart	TLU D3 Challenge	2:04.07
Alejandro Salazar	Bobcat Invitational	2:04.27
Samuel Stewart	Trinity Open	2:04.42

1,500-METER RUN

Samuel Stewart	Carl Knight Invitational	4:10.22
Samuel Stewart	Bobcat Invitational	4:14.62
Samuel Stewart	Trinity Open	4:19.04
Jiro Daniels	Carl Knight Invitational	4:19.14
Jiro Daniels	Bobcat Invitational	4:23.79

1 MILE RUN

Samuel Stewart	TLU D3 Challenge	4:41.95
Jiro Daniels	TLU D3 Challenge	4:44.86

5,000-METER RUN

Dylan Zoch	TLU D3 Challenge	17:22.63
Dylan Zoch	Trinity Open	17:25.60
Gilbert Beltran	Trinity Open	17:40.07
Dylan Zoch	Bobcat Invitational	17:48.13
Dylan Zoch	ASC Championships	17:53.86

10,000-METER RUN

Dylan Zoch	ASC Championships	37:36.10
Dylan Zoch	HSU Relays	38:32.61
Gilbert Beltran	ASC Championships	38:57.14
Gilbert Beltran	HSU Relays	39:42.10

110-METER HURDLES

Raul Villalpando	TLU D3 Challenge	15.21
Raul Villalpando	ASC Championships	15.31
Raul Villalpando	Bobcat Invitational	15.38
Raul Villalpando	Texas Relays	15.43
Raul Villalpando	Jet Relays	15.45

400-METER HURDLES

Cody Nkrumah	Bobcat Invitational	1:02.69
Cody Nkrumah	Trinity Open	1:04.64
Raul Villalpando	ASC Championships	1:04.94
Cody Nkrumah	ASC Championships	1:05.47
Cody Nkrumah	TLU D3 Challenge	1:05.49

4x100-METER RELAY

Trevino, Nkrumah		
Davis-Conway, Spivey	ASC Championships	43.31
Trevino, Spivey		

Nkrumah, Parker	TLU D3 Challenge	43.53
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Trevino, Spivey		
Nkrumah, Parker	Bobcat Invitational	43.53

Hall, Parker		
Spivey, Trevino	Trinity Invitational	44.03

Hall, Parker		
Spivey, Trevino	Jet Relays	44.04

Hall, Parker		
Spivey, Trevino	Trinity Open	44.14

4x200-METER RELAY

Davis Conway, Hall		
Nkrumah, Spivey	Jet Relays	1:32.40

4x400-METER RELAY

Daniels, Davis-Conway		
Nkrumah, Stewart	ASC Championships	3:24.56

Daniels, Davis-Conway		
Hall, Stewart	Trinity Open	3:31.39

Davis-Conway, Nkrumah		
Stewart, Daniels	TLU D3 Challenge	3:32.83

Davis-Conway, Nkrumah		
Stewart, Daniels	Bobcat Invitational	3:36.79

Daniels, Hall		
Salazar, Villalpando	HSU Relays	3:43.62

4x800-METER RELAY

Daniels, Day		
Salazar, Stewart	Jet Relays	8:54.39

SPRINT MEDLEY RELAY (800M)

Parker, Stewart		
Trevino, Villalpando	Jet Relays	1:40.06

DISTANCE MEDLEY RELAY

Daniels, Davis Conway		
Salazar, Stewart	Jet Relays	11:25.48

3,000M STEEPLECHASE

Alejandro Salazar	TLU D3 Challenge	11:02.97
Alejandro Salazar	Bobcat Invitational	11:05.52

Alejandro Salazar	ASC Championships	11:21.45
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Alejandro Salazar	HSU Relays	11:49.01
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Dylan Day	TLU D3 Challenge	12:11.70
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TRIPLE JUMP

Ravon Davis-Conway	ASC Championships	14.38mW
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Ravon Davis-Conway	Bobcat Invitational	13.59m
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Ravon Davis-Conway	TLU D3 Challenge	13.46m
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Ravon Davis-Conway	Carl Knight Invitational	13.40m
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Ravon Davis-Conway	Trinity Open	13.38m
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HIGH JUMP

Cody Nkrumah	ASC Championships	1.92m
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Cody Nkrumah	TLU D3 Challenge	1.82m
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Cody Nkrumah	Trinity Invitational	1.80m
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Cody Nkrumah	Jet Relays	1.80m
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Cody Nkrumah	HSU Relays	1.77m
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LONG JUMP

Gabriel Spivey	ASC Championships	7.33m
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Gabriel Spivey	Trinity Open	7.18mw
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Gabriel Spivey	Carl Knight Invitational	7.11m
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Gabriel Spivey	Bobcat Invitational	7.02m
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Gabriel Spivey	Jet Relays	6.98m
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SHOT PUT

Steven Rubeck	TLU D3 Challenge	10.06m
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Steven Rubeck	Trinity Invitational	10.04m
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Steven Rubeck	ASC Championships	9.92m
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Steven Rubeck	Trinity Open	9.30m
Paul Nelson	Trinity Invitational	9.23m

DISCUS

Steven Rubeck	Jet Relays	29.65m
Steve Rubeck	Trinity Open	28.87m
Alejandro Salazar	Trinity Invitational	27.49m
Alex Salazar	Trinity Open	24.46m
Steven Rubeck	TLU D3 Challenge	23.55m

HAMMER

Steven Rubeck	TLU D3 Challenge	22.58m
Steven Rubeck	Bobcat Invitational	19.72m

JAVELIN

Alejandro Salazar	ASC Championships	54.13m
Paul Nelson	ASC Championships	49.63m
Paul Nelson	TLU D3 Challenge	48.16m
Paul Nelson	Carl Knight Invitational	47.00m
Alejandro Salazar	TLU D3 Challenge	46.68m